CENTRAL
DENTAL
GROUP

Instructions Following Veneers, Crown, Inlay, Onlay, Or Bridge Work

You have just received one of the most advanced cosmetic veneer, crown, or bridge available today. We are pleased that you are as committed to high quality dentistry as we are, and it is our privilege to provide this service for you.

1. The cement is already set, and your veneer, crown or bridge is ready for use. However, it is best to refrain from eating hard or chewy items for about an hour after you leave the office.

2. You may experience some minor gum soreness following cementation. This should diminish in a few days, but can be helped by using warm salt-water rinses, that speed up the healing of the gum tissue.

3. The bite may feel slightly high on your "new tooth" or you can have a tight feeling between the teeth. This feeling should subside gradually, however if this is not the case please call our office and come in for a quick bite adjustment. Remember that if many teeth were treated, it may take some time getting used to.

4. Sensitivity from a treated tooth is common. As the teeth become accustomed to the Veneer, Crown or Bridge this sensitivity should go away. This usually happens within a few days but can take as long as six to eight weeks.

5. You are reminded that in a small percentage of cases involving teeth with previously deep fillings, the pulp (nerve) of the tooth can become permanently irritated and inflamed. This can lead to the pulp dying and present the need for a root canal filling. A root canal involves the removal of deceased or dead pulpal tissue and placement of a canal filling. If one of your treated teeth becomes very sensitive to biting or develops lingering sensitivity to cold after the cold item is removed from your tooth, you may require a root canal.

6. If your front teeth have been treated, you may find that it takes several days for you to adjust your speech patterns to the new tooth position or shapes. Reading out loud in private for 20 to 30 minutes is often helpful.

We recommend professional maintenance and evaluation at least twice a year. If you have history of periodontal (gum) disease you should see us or a periodontist, if this has been recommended for you, for a professional scaling a minimum of four times a year.
It is important to maintain proper oral hygiene and care as it will not only prolong the life of the restoration(s) but will also help to prevent problems elsewhere in your mouth.

Please call us at 416-789-1372 if you have any questions.