CENTRAL DENTAL GROUP

Instructions Following Restorative Treatment

The filling or fillings you have now received are the most advanced direct tooth-colored bonded fillings available today. We are pleased that you are as committed to high quality dentistry as we are, and it is our privilege to provide this service for you.

Instructions

1. The filling material is hardened with the use of a special wavelength light. You may begin to use the tooth right away.

2. After a long appointment it is not unusual to experience muscle or jaw fatigue. However, this will only last a short time.

3. The bite should feel normal once the "freezing" wears off. If this is not the case, please call our office and come in for a quick bite adjustment. Remember that if many teeth were treated, it may take some time getting used to.

4. In a small percentage of cases involving large deep fillings the pulp (nerve) of the tooth can become permanently irritated and inflamed. Bacteria in the decay may have already infected the pulp and cannot been seen with the naked eye during treatment. This can lead to the pulp dying and present the need for a root canal filling. A root canal involves the removal of diseased or dead pulpal tissue and placement of a canal filling. If one of your restored teeth becomes very sensitive to biting or develops lingering sensitivity to cold after the cold item is removed from your tooth, you may require a root canal.

We recommend professional maintenance and evaluation at least twice a year. If you have a history of periodontal (gum) disease you should see us or a periodontist for a professional scaling a minimum of four times a year. It is important to maintain proper care, as it will prolong the life of the restoration and help prevent problems elsewhere in your mouth.

Please call us at 416-789-1372 if you have any questions.