CENTRAL DENTAL GROUP

Instructions Following Placement of a Temporary Restoration

Today we have placed a temporary restoration in your mouth. A temporary is a filling or crown that is placed until the permanent filling or crown is made. It is easily removed when the permanent restoration or crown is ready to be placed in your mouth. It is normal for the gum around your tooth to be a little sore when the anesthesia wears off. You may use salt-water rinses to help speed the healing of your gum tissues.

The temporary restoration or crown is very important. It protects the exposed dentin preventing sensitivity, food from gathering in the preparation, and shifting and moving of the prepared tooth. All of which make the seating of the permanent crown more difficult. Use your toothbrush to clean the temporary as you normally do. However, **DO NOT** floss around your temporary as you may dislodge it.

It is not uncommon to have the following reactions to or problems with the temporary.

1. It may feel rough.
   Please call us if the temporary crown is making your tongue sensitive.

2. It may feel high.
   Call the office to schedule a quick appointment so we can adjust it for you. You can bruise the tooth if it is too high.

3. It may feel sensitive.
   Since the temporary will not always fit as well as the permanent, there may be some sensitivity to hot, cold, and chewing. However, if it is too uncomfortable please call the office.

4. If it comes off.
   This is probably the most common problem. A temporary is designed so it can be removed easily, unfortunately some foods will cause this. Do your best to chew on the opposite side until your next appointment and stay away from sticky foods or gum. If your temporary comes off, please call us so we can schedule a quick appointment to recement it for you.

5. It is not how I want the permanent to look.
   No need to worry. The permanent will look different and by far better.

If you have any questions concerning the temporary, please feel free to call us. Remember, you will only wear the temporary for approximately two weeks, until your beautiful permanent restoration will be placed. It will have been worth the wait.